

Newborn Essentials Checklist



Feeding (Breastfeeding)

♡	NURSING BRAS
♡	NURSING PADS
♡	NIPPLE CREAM
♡	BREASTMILK STORAGE BAGS
♡	BREASTFEEDING PILLOW
♡	BURP CLOTHS
♡	BOTTLE STERILIZER
♡	PUMP PARTS & BOTTLES

Feeding (Formula)

♡	BOTTLES (6-8)
♡	SLOW FLOW NEWBORN NIPPLES
♡	FORMULA
♡	BOTTLE BRUSH
♡	BOTTLE DRYING RACK

Bathing

♡	BABY BATHTUB
♡	SOFT WASHCLOTHES
♡	HOODED TOWELS
♡	BABY SHAMPOO/BODYWASH
♡	SOFT BABY BRUSH

Diapering

♡	NEWBORN DIAPERS
♡	SIZE 1 DIAPERS
♡	BABY WIPES
♡	DIAPER CREAM
♡	CHANGING PAD
♡	PORTABLE CHANGING MAT
♡	DIAPER PAIL

Sleep

♡	CRIB, BASSINET OR PLAYPEN
♡	BABY CRIB MATTRESS
♡	FITTED CRIB SHEETS (2-3)
♡	WATERPROOF MATTRESS PROTECTOR
♡	SLEEP SACKS / SWADDLES
♡	WHITE NOISE MACHINE
♡	BABY MONITOR

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Clothing

	SHORT SLEEVE BODYSUITS
	LONG SLEEVE BODYSUITS
	SLEEPERS/FOOTED PJS
	PANTS
	SOCKS
	SWEATER OR WARM OUTFIT
	SEASONAL OUTERWEAR

Health & Safety

	DIGITAL THERMOMETER
	NASAL ASPIRATOR
	SALINE DROPS OR SPRAY
	INFANT NAIL CLIPPERS OR FILE
	BABY MEDICINE SYRINGE
	HUMIDIFIER

Travel

	INFANT CARSEAT
	STROLLER
	BABY CARRIER OR WRAP
	DIAPER BAG
	PORTABLE CHANGING PAD

Nursery

	DRESSER
	LAUNDRY HAMPER
	NIGHT LIGHT

Moms Recovery

	LARGE PADS
	DISPOSABLE UNDERWEAR
	PERI BOTTLE
	ICE PACKS OR COOLING PADS
	SITZ BATH
	STOOL SOFTENER
	WATERBOTTLE
	HEALTHY SNACKS
	TYLENOL / ADVIL

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Nice to Have Items

♡	BABY SWING OR BOUNCER
♡	PLAY GYM
♡	ACTIVITY MAT
♡	PACIFIERS
♡	PACIFIER CLIPS
♡	NURSING STATION CART
♡	BLACKOUT CURTAINS

Don't Forget Before Baby Arrives

♡	INSTALL CARSEAT
♡	WASH BABY'S CLOTHING/BEDDING
♡	STOCK UP ON HOUSEHOLD ESSENTIALS
♡	PACK YOUR HOSPITAL BAG
♡	SET UP POSTPARTUM RECOVERY SUPPLIES
♡	PREPARE YOUR SUPPORT PLAN

Consider Waiting Before You Buy

♡	WIPE WARMER
♡	BOTTLE WARMER
♡	LOTS OF NEWBORN CLOTHING
♡	MANY OF ONE BRAND OF BOTTLES
♡	BABY SHOES
♡	EXPENSIVE BABY ITEMS